



PURSUE YOUR EVOLUTION

Content	2	BARBELLS	50
Our Purpose	4		
Our Story	6	WEIGHT PLATES	58
		CONDITIONING	62
POWER RACKS	8	WEIGHTLIFTING	
Competition Series	8		70
	18	ACCESSORIES	
Rival Series		CVM DACKACES	E7.4
Team Series	22	GYM PACKAGES	74
Evolution Series	26		
		CASE STUDIES	84
TRAINING RIGS	30		
Freestanding Rigs	30	COMPANIES	
Wall-Mounted Rigs	34	WE'VE WORKED	86
BENCHES	38	WITH	
STORAGE	44		

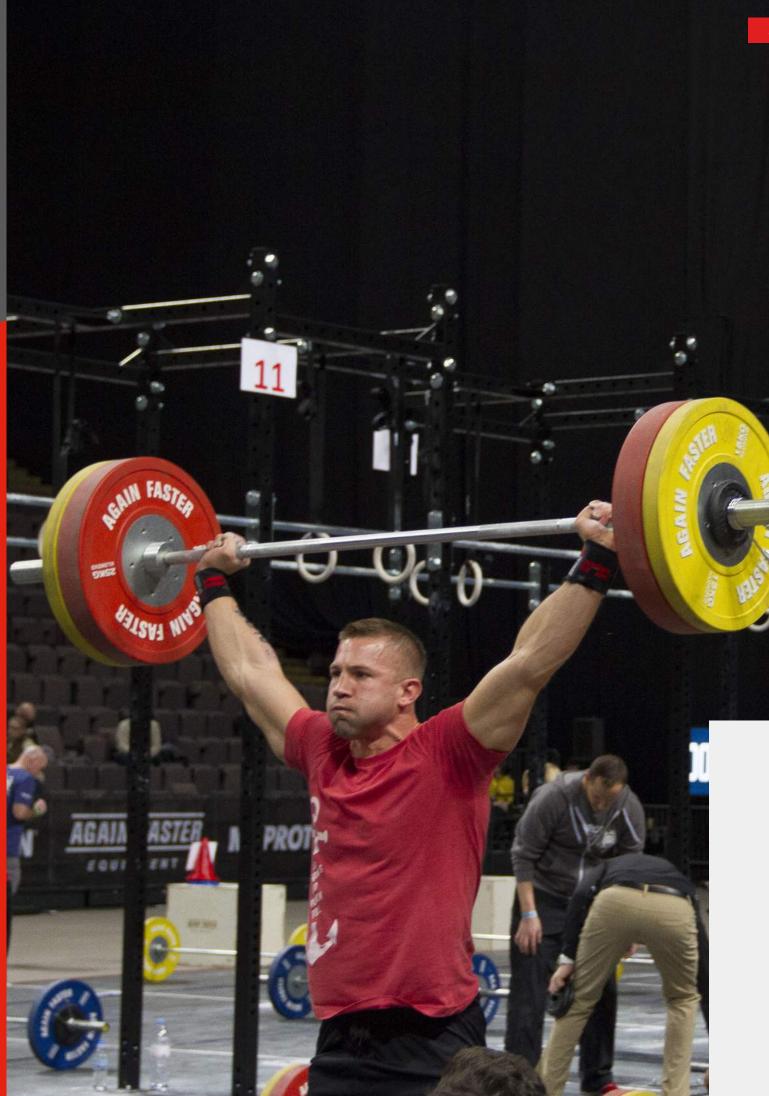
TABLE OF CONTENTS

OUR PURPOSE

Pursue Your Evolution

EV-O-LU-TION

"The gradual development from a simple to a more complex form."





 $\mathbf{6}$

OUR STORY

FUNCTIONAL FITNESS TRAINING IS AT THE CORE OF THE AGAIN FASTER BRAND.

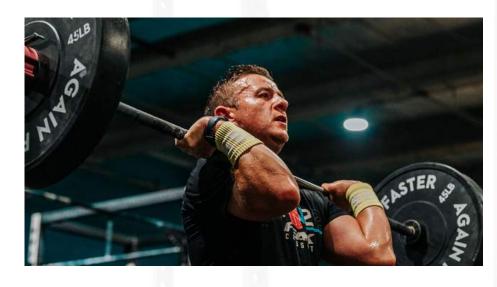
Founded by one of the first senior CrossFit coaches, who quickly identified the need for a new style of fitness equipment as the class groups kept growing.

The initial equipment ranges were designed and sourced, being met with huge interest, which ignited the brand's growth within the community.

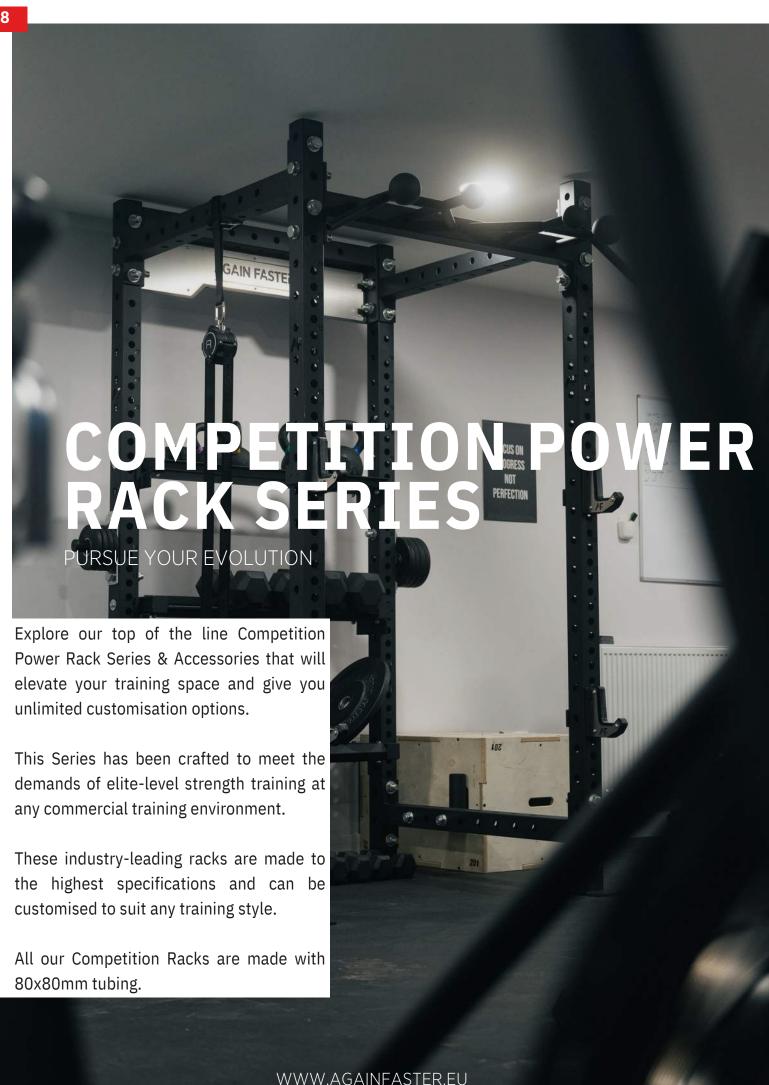
In the following years, the CrossFit movement and Again Faster have gone global and surged in popularity. Again Faster has sponsored athletes and competitions across the globe whilst outfitting functional gyms in every region of operation.













Competition Series

Power Rack - Standard

Black

- Our premium power rack in its standard configuration.
- Robust and strong 80x80mm tubing.
- Compatible with all Competition accessories.
- Pull-Up Bar & J-Cups included.

PRODUCT DIMENSIONS: 97.5" (H) X 48.5" (W) X 49" (D)

SKU: PRACK-STANDARD

Competition Series

Competition Power Rack - Elite

Black

- Top-of-the-line power rack with the ability to store up to 680kg of bumper plates.
- Fully customisable with a choice of Pull-Up bar and J-Cups and additional Competition accessories.
- 11 gauge 80x80 uprights.
- Premium rack for powerlifters and weightlifters.

PRODUCT DIMENSIONS: 97.5" (H) X 48.5" (W) X 49" (D)

SKU: PRACK-ELITE

10





Competition Series

Power Rack - Deluxe Black

- Our mid-level Competition power cage with optional deluxe configuration.
- Straight pull-up bar for a traditional look.
- 10mm thick endplates at every joint with 1" diameter hardware.
- 11 gauge 80x80 uprights.

PRODUCT DIMENSIONS: 97.5" (H) X 48.5" (W) X 49" (D)

SKU: PRACK-DELUXE

Competition Series

Half Power Rack

Black

- High-end specification rack, perfect for commercial settings or premium home gyms.
- Multi-grip pull-up bar.
- 6" and 12" weight horns for plate storage.
- Adjustable Snap Hooks & Sandwich J-Cups.

PRODUCT DIMENSIONS: 93" (H) X 58" (W) X 56" (D)

SKU: 50-719

Competition Series

Power Rack Storage POD Black

- The ultimate all-in-one power rack solution.
- Fully customizable to training/client needs.
- Ability to add 4 types of storage shelves
- Pull-up Bar & J-Cups included.

PRODUCT DIMENSIONS (Default Configuration): 97.5" (H) X 120.5" (W) X 49" (D)

SKU: PRACK-STORAGE

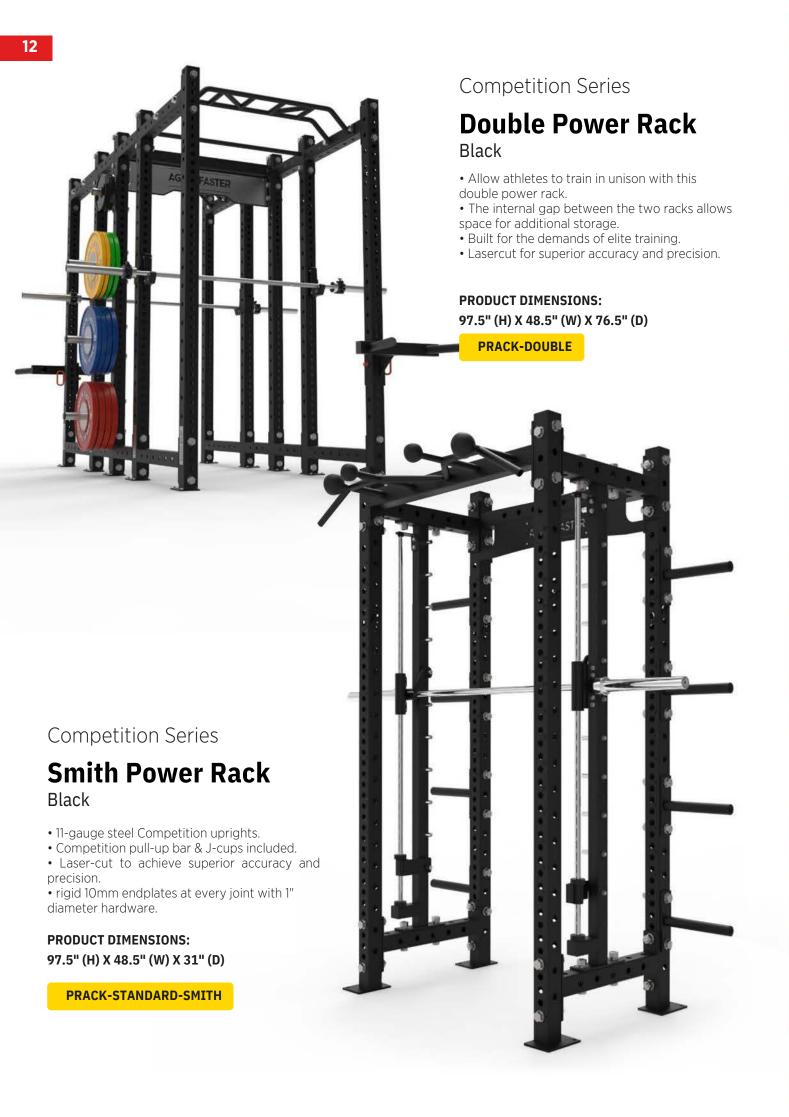
Competition Series

Power Rack Training POD Black

- Compact high-quality package with storage canabilities.
- 3 storage shelves customisable to preference.
- 450kg capacity for storage between uprights.
- Pull-up Bar & J-Cups included.

PRODUCT DIMENSIONS: 97.5" (H) X 48.5" (W) X 49" (D)

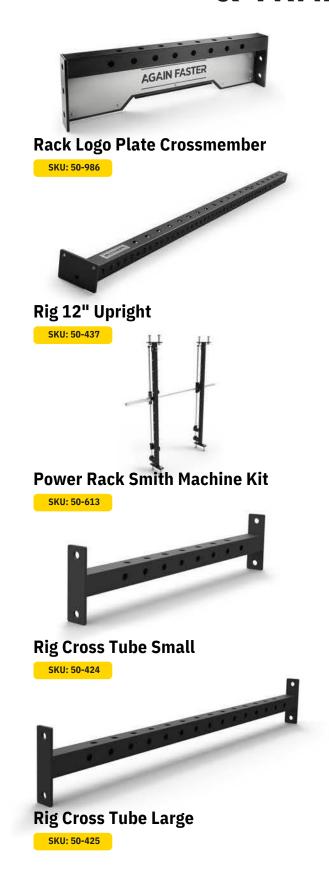
SKU: PRACK-TRAINING





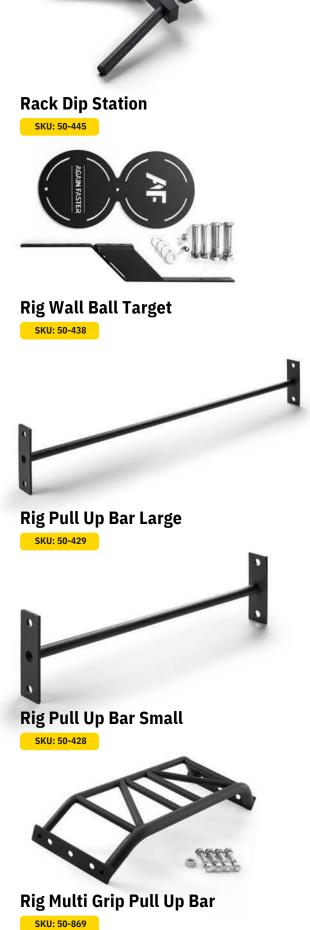
COMPETITION SERIES

ACCESSORIES FOR POWER RACK & TRAINING RIGS













Rig Safety Spotter Pin - Small



Rack J-Cups (Pair) SKU: 50-895



Rig Band Pegs (Pair) SKU: 50-905











Front Foot Extension 24" (pair) SKU: 50-739





SKU: 50-738 **LAT/ROW Attachment - 8ft**

SKU: 50-740





Weight Horn 6" (single) SKU: 50-727



Weight Horn 12" (single) SKU: 50-728



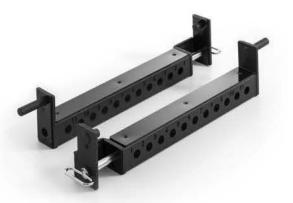
Rack Strap Safeties 30" (pair) SKU: 50-734



Rack Strap Safeties 48" (pair) SKU: 50-735



Barbell Hanger SKU: 50-729

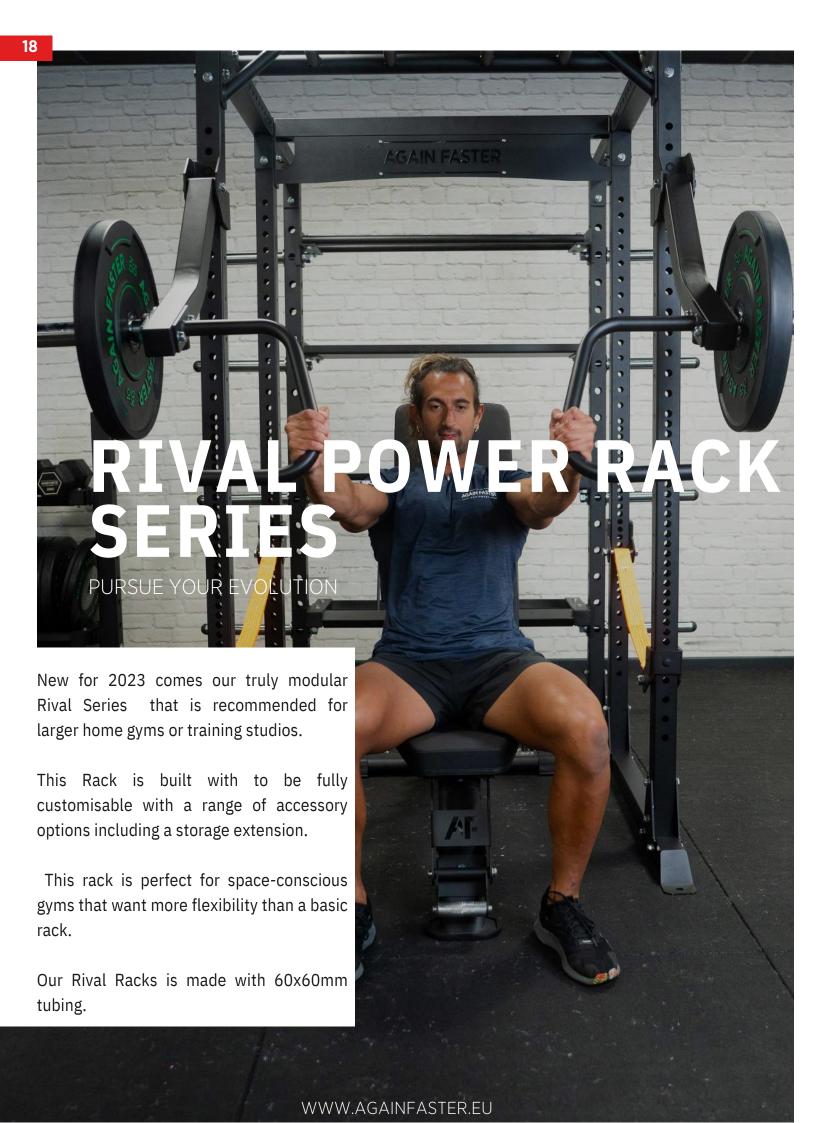


Rack Flip-Down Safeties 30" (pair) SKU: 50-732



Rack Flip-Down Safeties 48" (pair) SKU: 50-733







Rival Series

Power Rack

Black

- Designed to offer every detail of the light commercial rack.
- Constructed with heavy-duty steel uprights.
- truly modular with multiple accessory options.
- 350kg rated J hooks & roller cups included.
- 450kg rated safety straps Included.

PRODUCT DIMENSIONS: 83.25" (H) X 47.5" (W) X 73.75" (D)

SKU: 50-529

Rival Series

Weight Storage Extension

Black

- Storage extension for Rival Series Rack.
- Allows further storage with 4 types of shelving.
- 4 plate holders on each side of this extension.

RIVAL SERIES ACCESSORIES FOR POWER RACK





Spotter Arms
SKU: 50-533



Jammer Arms (Pair)

SKU: 50-534



Kettlebell Storage Shelf

SKU: 50-538



Monolifts (Pair)



Dumbbell Storage Shelf

SKU: 50-539



Ball Storage Shelf

SKU: 50-540



Plate Storage Shelf

SKU: 50-541

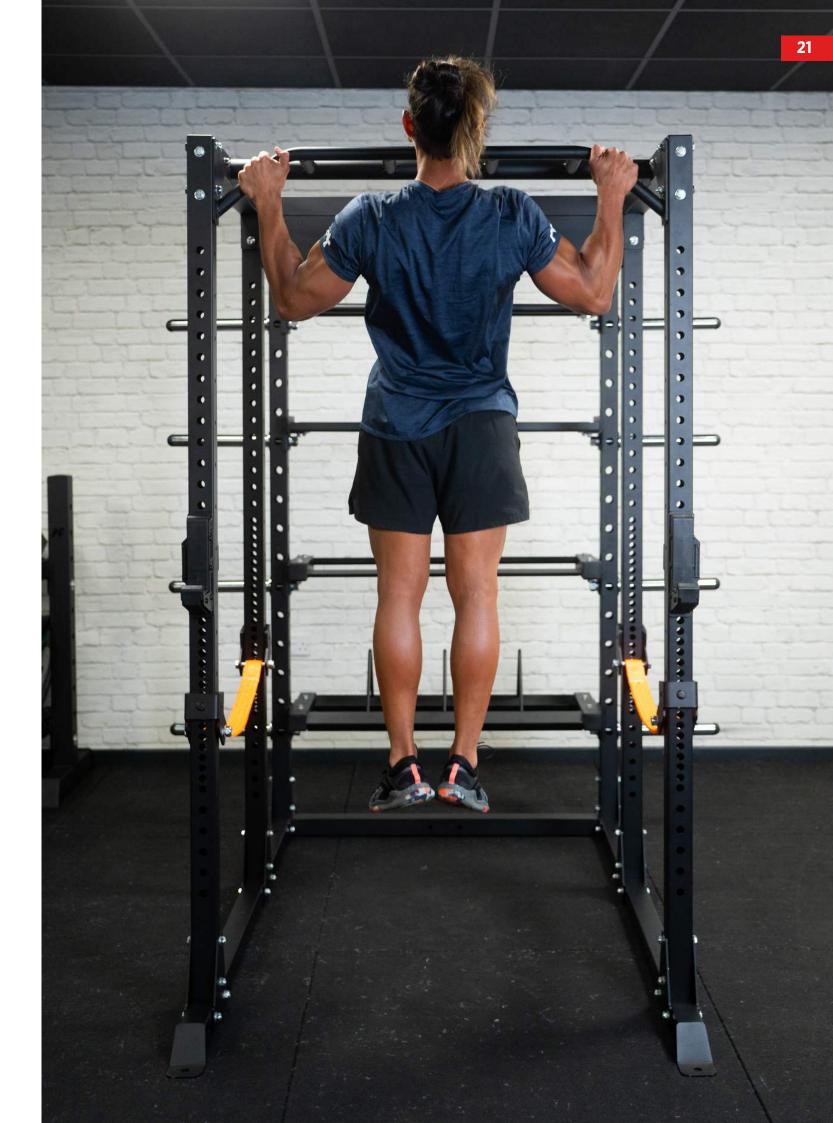


Flip-Down Safeties (Pair)

SKU: 50-530



Landmine Attachment







Team Series

Power Rack

Black

- Weight rated up to: 600kg
- Internal rack space of 36"
- Steel Thickness 11-gauge 2x3 steel.
- J-cups & spotter pins includedDual grip thickness pull-up bars.

PRODUCT DIMENSIONS: 93" (H) X 48" (W) X 60" (L)

SKU: 50-494

Team Series

Folding Power Rack 2.0 - Black

Black

- Max weight capacity: 400kg.Wall-mounted rack that folds both inwards and outwards when installed.
- Designed with 11-gauge steel.
- Easily adjustable, integrated pull-up bar.

PRODUCT DIMENSIONS: 91" (H) X 47" (W) X 24" (D)



Team Series

Wall-Mounted Folding Squat Rack

Black

- Weight capacity: 350kg
- Simple installation.
- 11 gauge, 2x3" steel tubing, and 5/8" hardware.
- Two lock pins secure the hinge design to create a stable, safe base.

PRODUCT DIMENSIONS (EXTENDED):

70" X 48" X 32"

SKU: 50-858



Team Series

Squat Stands

Black

- Robust space-efficient solution offering total mobility with ease of transportation.
- 2x3" 11-gauge steel tubing.
- Heavy-duty caster wheels for easy transportation.
- UHMW plastic-lined j-cups included.

PRODUCT DIMENSIONS:

71.25" (H) X 25" (W) X 30" (L)

SKU: 50-717



Team Series

Team Folding Power Rack - 41 Inch

Black

- Max capacity: 400kg
- Robust training solution with a fully retractable
- Easily adjustable and integrated pull-up bar.
- Heavy-gauge steel 50x80 laser cut frame.

PRODUCT DIMENSIONS:

91" (H) X 47" (W) X 41" (D)

SKU: 50-594



Team Series

Pull-Up Squat Stand Rack

Black

- Weight capacity: 300kg2x3" 11-gauge steel tubing.
- Bolt-together rack design.
- Optional floor mounting feet anchors.

PRODUCT DIMENSIONS (EXTENDED): 89.75" (H) X 48" (W) X 48" (D)

SKU: 50-603

TEAM SERIES **ACCESSORIES FOR POWER RACK**



Power rack flip-down safeties

SKU: 50-610



Power Rack Multigrip Pull Up Bar

SKU: 50-611



Folding Power Rack Stringer

SKU: 50-745



Safety Spotter Arms

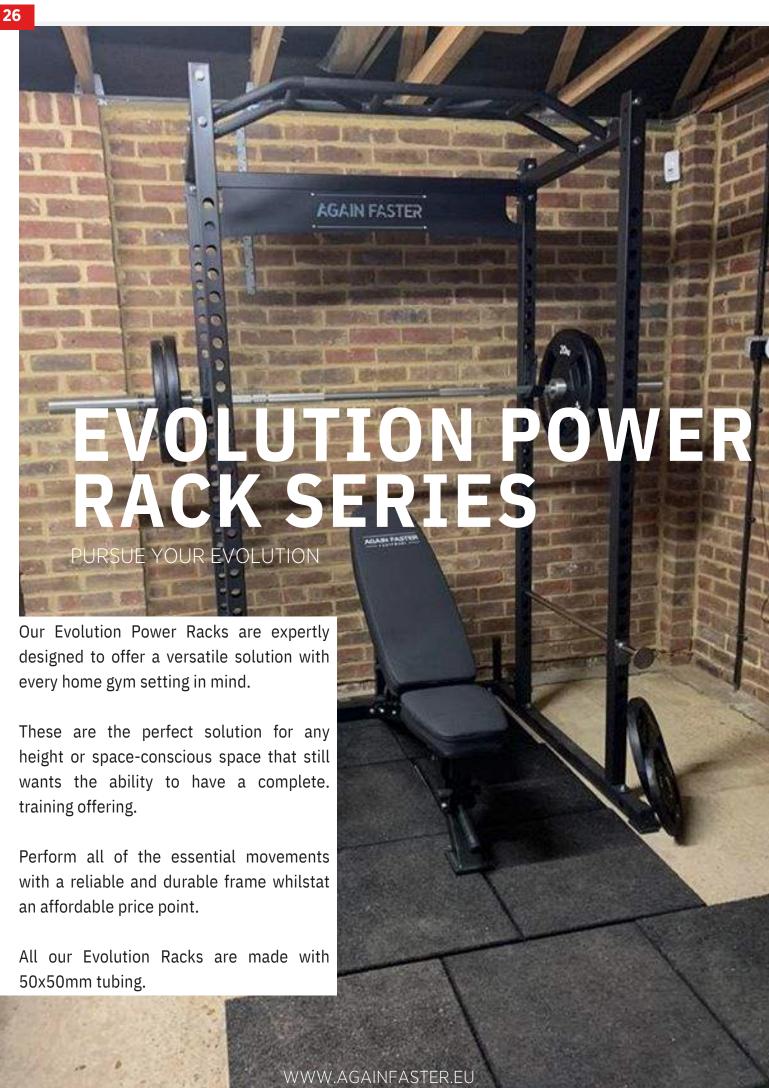


Rack Dip Station

SKU: 50-879



Rack J-Cups









Power Rack Plus

Black

- Weight Capacity: 315kg
 2 Weight pegs on rear base for storage and stand-alone stability.
 Available in colours: Black, Blue, Red.
- 180kg pull-up bar capacity.

PRODUCT DIMENSIONS: 83" (H) X 48" (W) X 48" (D)

SKU: 50-461, 50-508, 50-606







Evolution Series

Power Rack Standard

Black

- Weight capacity: 315kg
 2 Weight pegs on rear base for storage and stand-alone stability.
 Quick assembly.
 180kg pull-up bar capacity.

PRODUCT DIMENSIONS:

83.25" (H) X 47.5" (W) X 73.75" (D)

SKU: 50-492

Evolution Series

Power Rack Standard Short

Black

- Weight capacity: 315kg
 Space-conscious option for smaller gyms.
 Quick assembly.
 180kg pull-up bar capacity.
 Weight pegs on the rear base for storage and stability.

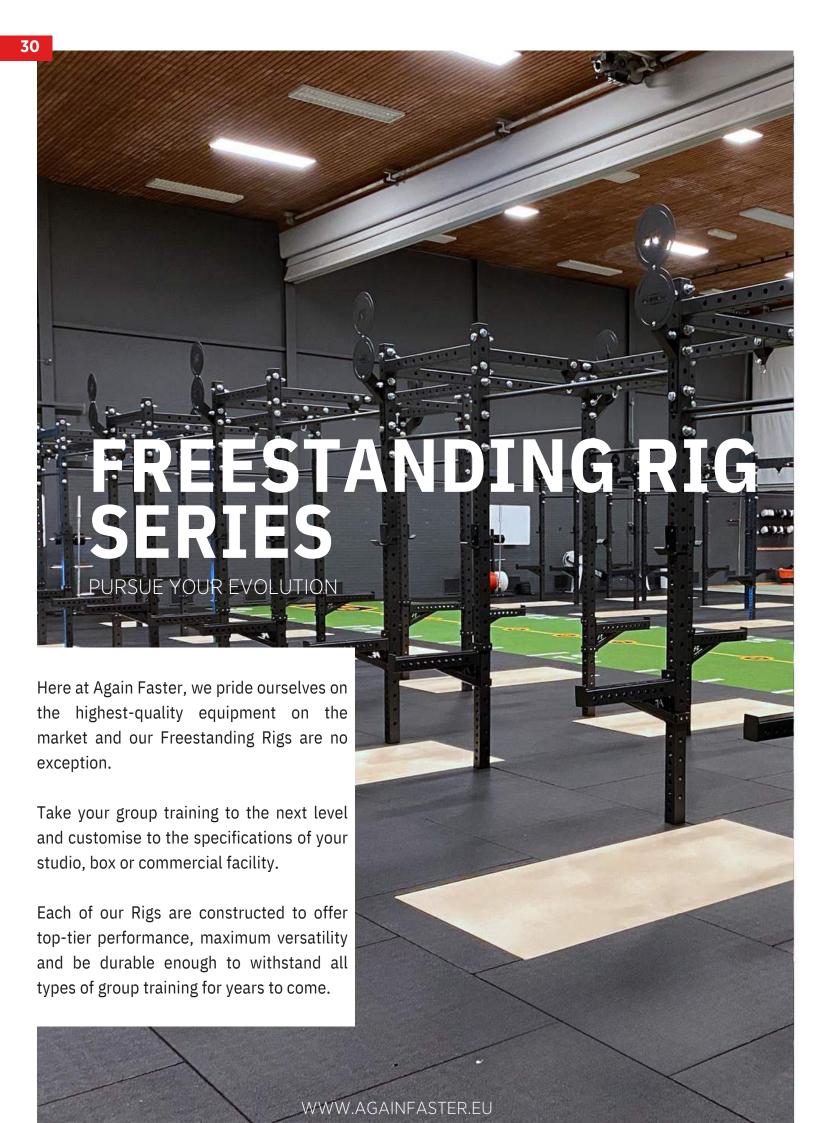
PRODUCT DIMENSIONS:

72" (H) X 47.5" (W) X 48" (D)

SKU: 50-607

EVOLUTION SERIES ACCESSORIES FOR POWER RACK









Elite Rig 10'

Black

PRODUCT DIMENSIONS: 10' (L) X 6'(W) X 9.5'(H) Elite Rig 14'

Black

PRODUCT DIMENSIONS: 14' (L) X 6'(W) X 9.5'(H)

SKU: FREESTANDINGCOMPETITIONELITERIG10

SKU: FREESTANDINGCOMPETITIONELITERIG14

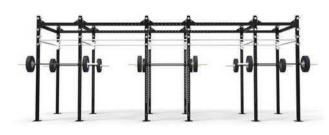


Freestanding Rigs

Elite Rig 20'

Black

PRODUCT DIMENSIONS: 20' (L) X 6'(W) X 9.5'(H)



Freestanding Rigs

Elite Rig 24'

Black

PRODUCT DIMENSIONS: 24' (L) X 6'(W) X 9.5'(H)

SKU: FREESTANDINGCOMPETITIONELITERIG20

SKU: FREESTANDINGCOMPETITIONELITERIG24



Freestanding Rigs

Plus Rig 10'

Black

PRODUCT DIMENSIONS: 10' (L) X 6'(W) X 9.5'(H)



Freestanding Rigs

Plus Rig 14'

Black

PRODUCT DIMENSIONS: 14' (L) X 6'(W) X 9.5'(H)

SKU: FREESTANDINGCOMPETITIONPLUSRIG10



Freestanding Rigs

Plus Rig 20"

Black

PRODUCT DIMENSIONS: 20' (L) X 6'(W) X 9.5'(H)

SKU: FREESTANDINGCOMPETITIONPLUSRIG14



Freestanding Rigs

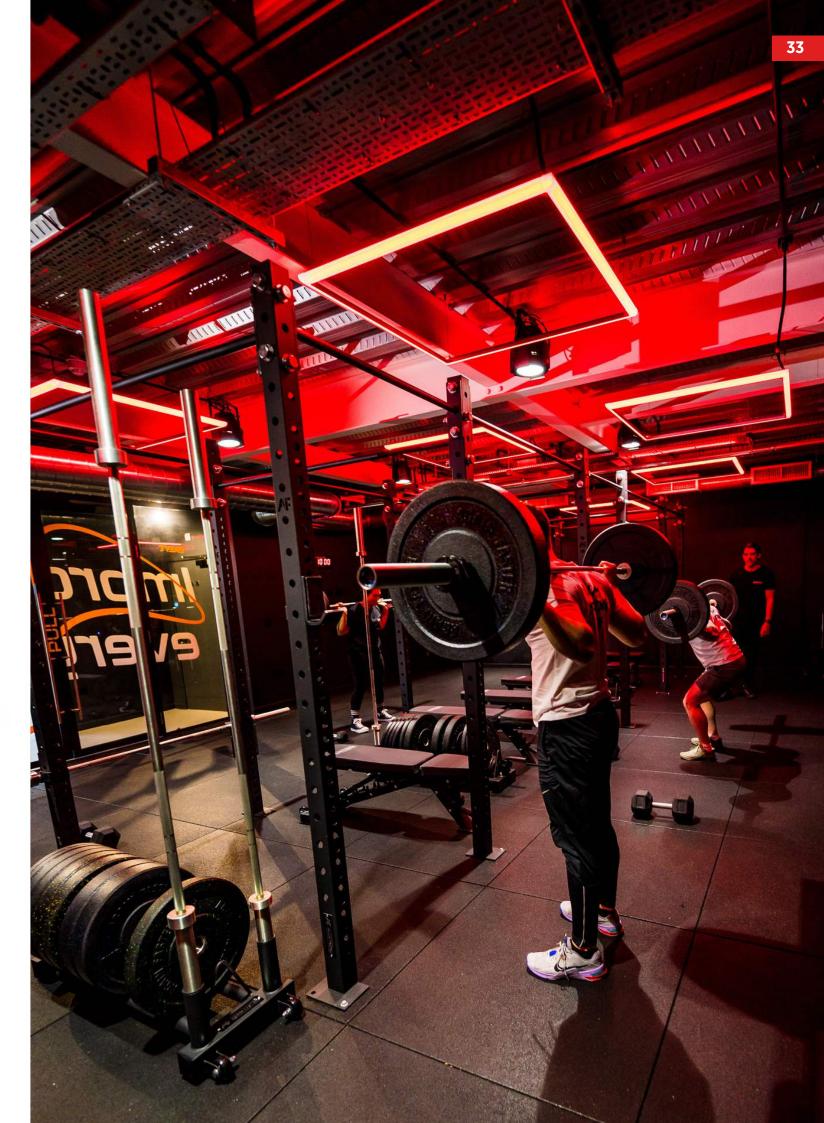
Plus Rig 24'

Black

PRODUCT DIMENSIONS: 24' (L) X 6'(W) X 9.5'(H)



SKU: FREESTANDINGCOMPETITIONPLUSRIG24





Wall Mounted Rigs

Elite Rig 10'

Black

Elite Rig 14'

Wall Mounted Rigs

Black

PRODUCT DIMENSIONS: 10' (L) X 6'(W) X 9.5'(H)

PRODUCT DIMENSIONS: 14' (L) X 6'(W) X 9.5'(H)

SKU: WALLMOUNTEDCOMPETITIONELITERIG10



Wall Mounted Rigs

Elite Rig 20'

Black

PRODUCT DIMENSIONS:

20' (L) X 6'(W) X 9.5'(H)

SKU: WALLMOUNTEDCOMPETITIONELITERIG14



Wall Mounted Rigs

Elite Rig 24'

Black

PRODUCT DIMENSIONS: 24' (L) X 6'(W) X 9.5'(H)

SKU: WALLMOUNTEDCOMPETITIONELITERIG20

SKU: WALLMOUNTEDCOMPETITIONELITERIG24



Wall Mounted Rigs

Plus Rig 10'

Black

PRODUCT DIMENSIONS: 10' (L) X 6'(W) X 9.5'(H)



Wall Mounted Rigs

Plus Rig 14'

Black

PRODUCT DIMENSIONS: 14' (L) X 6'(W) X 9.5'(H)

SKU: WALLMOUNTEDCOMPETITIONPLUSRIG10



Wall Mounted Rigs

Plus Rig 20'

Black

PRODUCT DIMENSIONS: 20' (L) X 6'(W) X 9.5'(H)

SKU: WALLMOUNTEDCOMPETITIONPLUSRIG14



Wall Mounted Rigs

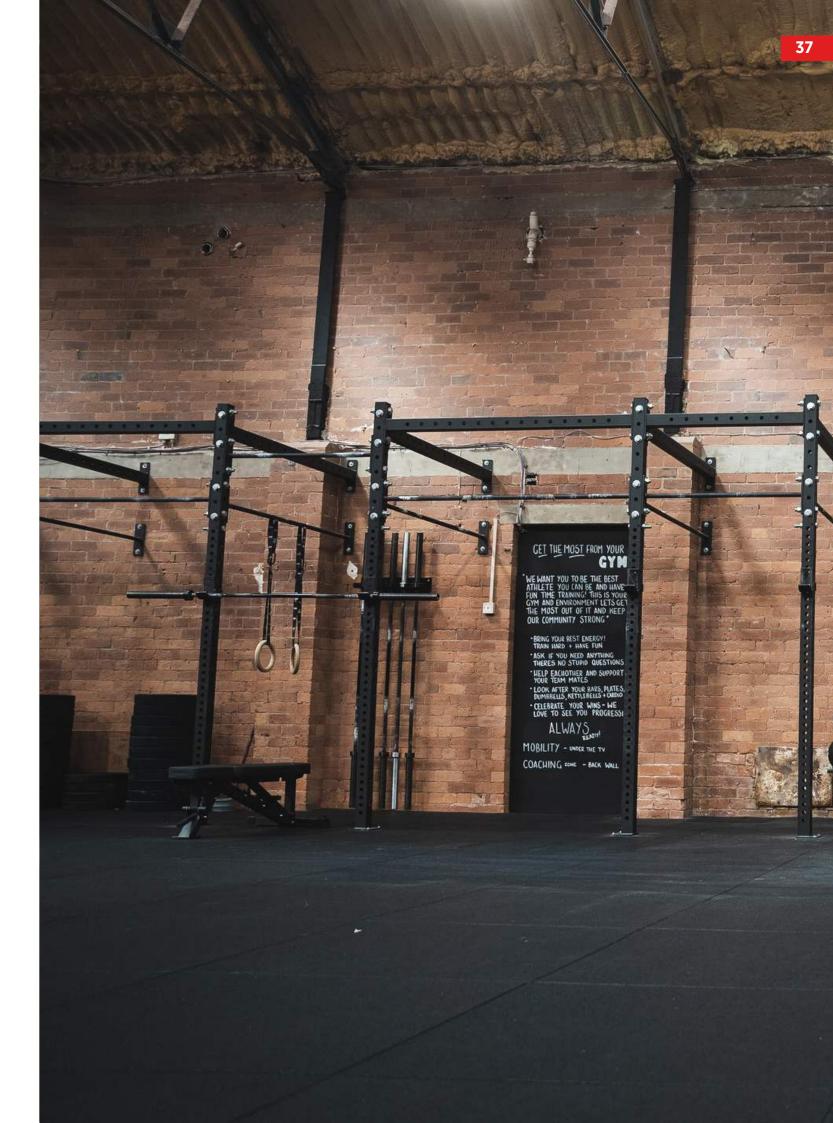
Plus Rig 24'

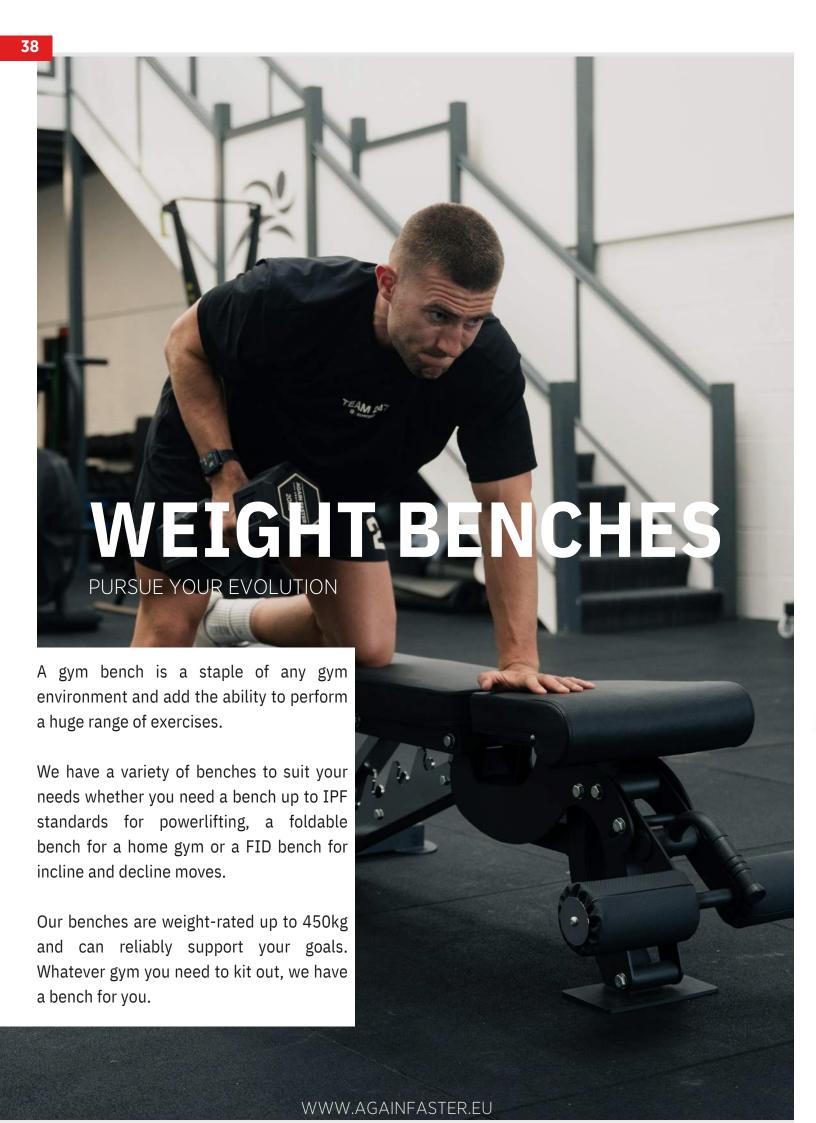
Black

PRODUCT DIMENSIONS: 24' (L) X 6'(W) X 9.5'(H)

SKU: WALLMOUNTEDCOMPETITIONPLUSRIG20

SKU: WALLMOUNTEDCOMPETITIONPLUSRIG24







Weight Benches

Competition Flat Bench 2.0

Black

- Weight rated up to: 450kg
- 3-post design for clear feet positioning.
- Designed to meet IPF standards.
- Heavy-duty 75x75cm 11-gauge steel frame.
- Finished with extra grippy material for anti-slip.

SKU: 50-251





Weight Benches

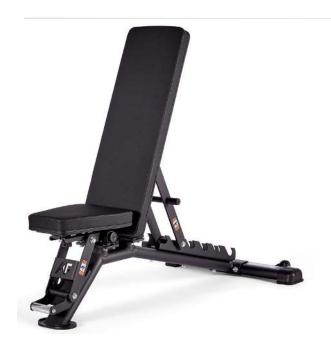
Competition Elite Adjustable Bench

Black

- Weight rated up to: 450kg
- 7 adjustable back positions and 3 seat positions, for flat, incline, and decline.
- Extra non-slip support.
- premium urethane transport handle and wheels.
- Smoother and more secure seat sliding mechanism.

SKU: 50-506





Weight Benches

Competition Plus Adjustable Bench

Black

- Weight rated up to: 450kg
- Overbuilt, sturdy design for a rock-solid base.
- 7 adjustable back positions and 4 seat positions.
- Dense upgraded pad with anti-slip grippy cover.
- 11-gauge solid steel frame design.



Weight Benches

Competition Slim Flat Bench

Black

- Weight rated up to: 450kg
- 3-post design for clear feet positioning.
- Handle and wheels for easy transport.
- Heavy-duty 75x75cm 11-gauge steel frame.

SKU: 50-718



Weight Benches

Commercial FID Adjustable Bench

Black

- Weight rated up to: 450kg
- Flat, incline and decline (FID) functionality.
- 7 adjustable back positions and 4 seat positions.
- Easy assembly.
- Heavy duty 11-gauge and 4-gauge steel.

SKU: 50-101



Weight Benches

Flat Bench

Black

- Weight rated up to: 350kg
- · High density foam pad for comfortable back
- 10-bolt single person assembly.
- Has been specifically designed for the home and garage gym environments.

SKU: 50-507



Weight Benches

Competition Adjustable Bench 2.0

Black

- Weight rated up to: 450kg
- Bench can be used at -15, 0, 20, 35, 50, 65, and 85-degree angles.
- Available in colours: Red, Blue and Black.
- · New and improved reinforced front foot for even more stability.
- Rock sold base with product weight: 40kg.

SKU: 50-252 - 50-254



Weight Benches

Leg Roller Attachment

Black

- Attaches to Competition elite & Plus benches.
- Firm pads with enough give for comfortable workouts.
- Each roller is 20cm wide.
- Adds approx 40-45cm to bench length when attached.

SKU: 50-517



Evolution Foldable Adjustable Bench Black

- Weight rated up to: 250kg
- 5 adjustable height settings.
- Incline and decline positions (no flat).
- Fully foldable frame for small spaces.
- 14 gauge steel frame.





Weight Benches

Team Flat Bench

Black

- Weight rated up to: 450kg
 New & improved grippy pad.
 22kg total weight with solid design.
 Available in colours: Red, Blue and Black.
 11-gauge steel bolted frame construction.
 10 bolt single person assembly.

SKU: 50-126, 50-497, 50-602



Weight Benches

Team Plus Adjustable Bench

Black

- Weight rated up to: 450kg
 New & improved grippy pad.
 Rear wheels for easier movement.
 6 adjustable back and 3 seat positions.
 Available in colours: Red, Blue and Black.
 11-gauge steel bolted frame construction.
 Minimal assembly.

SKU: 50-570 - 50-572

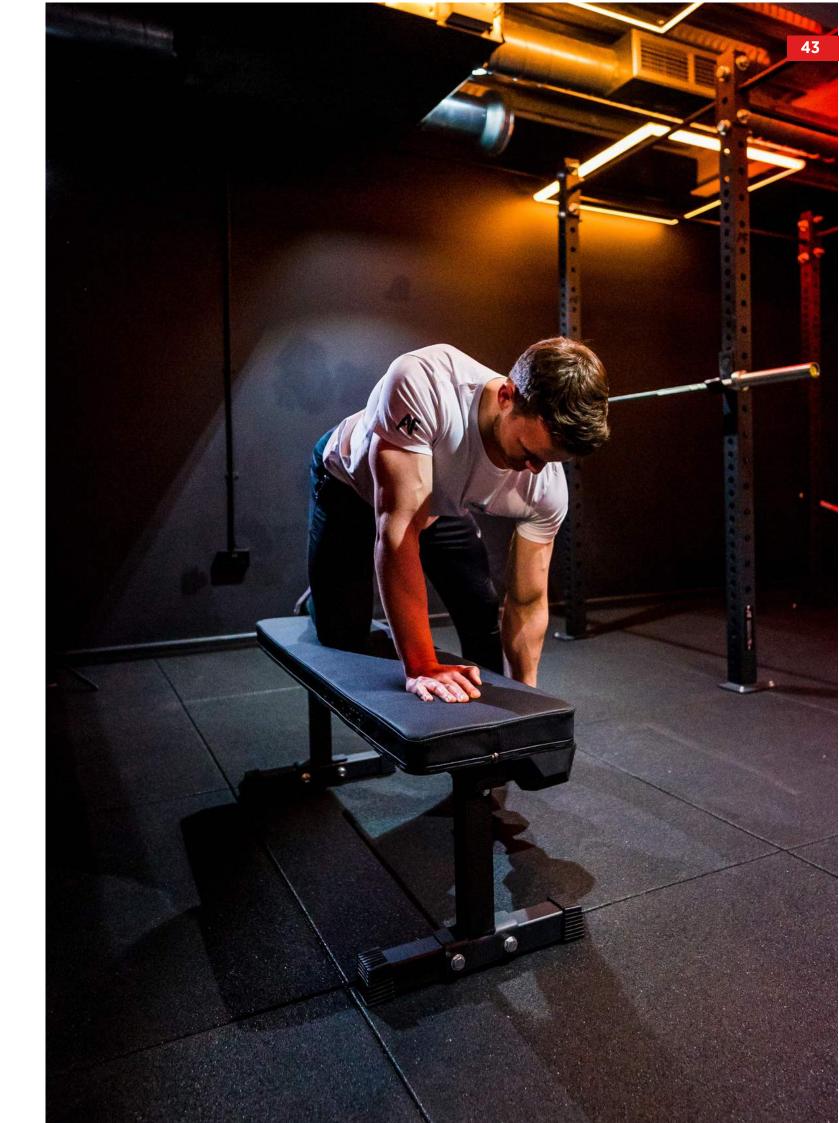


Weight Benches

Team Folding Adjustable Bench

Black

- Weight rated up to: 250kg
 6 adjustable back positions and 3 seat positions.
 rear wheels for easy transport.
 Folds to just 25cm in height.
 Quick-release pins for the adjustable seat and for folding away front legs.





Storage

9 Bar Holder

Black

- Suitable for standard 2" barbells.
- Safely store up to nine barbells in a vertical

PRODUCT DIMENSIONS: 18" (L) X 18" (W) X 8.5" (H)

SKU: 50-174



Storage

Barbell Gun Rack

Black

- Wall-mounted barbell rack.
- Holds up to 8 barbells horizontally.
- Features a plastic lining to protect barbells.

PRODUCT DIMENSIONS: 53" (H) X 2.3" (W) X 5.5" (D)

SKU: 50-206



Storage

Bumper Tree Storage Rack

Black

- Holds up to 350kg of bumper plates.Store two barbells vertically.

- 6 weight pegs.Pole length: 31cm

PRODUCT DIMENSIONS: 31" (L) X 23.5" (W) X 60" (H)



Storage

Rolling Bumper Storage Rack

Black

- Made with 12-gauge steel.
- Easily move and store bumper plates with large wheels.
- Wheel locks for safety.
- 29.5" upright for multiple plate storage.

PRODUCT DIMENSIONS: 31" X 19" X 3"

SKU: 50-341



Storage

Kettlebell Storage Rack

Black

- Rack Weight: 55kgCan hold any weight from our range.Includes rubber lining to reduce noise and protect the equipment
- Can also hold dumbbells and medicine balls.

PRODUCT DIMENSIONS: 30" (H) X 21" (W) X 60" (L)

SKU: 50-463



Storage

Toaster Bumper Storage Rack

- Handle and wheels for great maneuverability. Two slots for barbell storage.

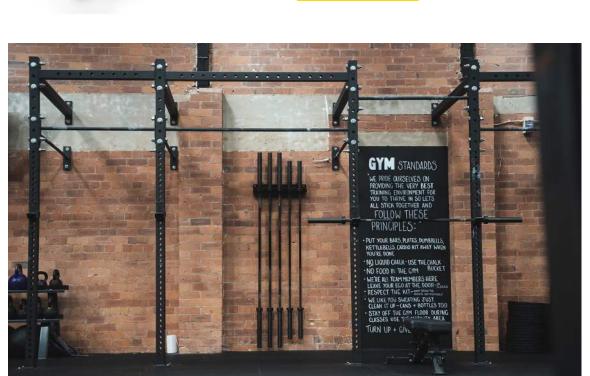
- 7" plate slot gap.weight: 20.5kg.

Compatible with all Again Faster Bumper Plates.

PRODUCT DIMENSIONS:

43.5" (L) X 15.75" (W) X 11.5" (H)

SKU: 50-465





Storage

Dumbbell Storage Rack

Black

- 3 tier rack for dumbbells.Rack weight: 34kg.Shelf length: 42"

- Constructed from 11 gauge steel.
 1 inch lip, to keep dumbbells secured.

PRODUCT DIMENSIONS: 36" (H) X 48" (L) X 24" (D)



10

_ _ _

Storage

Dual Bar Hanger

Black

- Great storage solution for the home.
- Ideal for storing 2 barbells.
- Lined with plastic to protect barbells.
- It can be wall-mounted for convenient barbell storage.

SKU: 50-466



Storage

Vertical Barbell Rack

Black

- Wall-mounted barbell rack taking up zero floor space.
- Max capacity: 10 x 20kg barbells.
- Made with 11 gauge steel.
- Single-person assembly.

PRODUCT DIMENSIONS: 87" (H) X 35" (W)

SKU: 50-323



Storage

Mass Storage Rack (4ft/4ft)

Black

- Max weight capacity: 450kg
- An 11-gauge steel construction with robust 80mm x 80mm laser cut tubing.
- 25mm diameter holes.
- 4 different bespoke types of shelving to choose from.
- 3 shelf version 4ft tall x 4ft wide shelves.

PRODUCT DIMENSIONS: 48" (H) X 49" (W) X 28.5" (D)

SKU: Competition Mass Storage Rack (4ft/4ft)



Storage

Mass Storage Rack (6ft/4ft)

Black

- Max weight capacity: 450kg
- An 11-gauge steel construction with robust 80mm x 80mm laser cut tubing.
- 25mm diameter holes.
- 4 different bespoke types of shelving to choose from.
- 3 shelf version 4ft tall x 6ft wide shelves.

PRODUCT DIMENSIONS: 48" (H) X 68.5" (W) X 28.5" (D)

SKU: Competition Mass Storage Rack (6ft/4ft)



Storage

Mass Storage Rack (4ft/6ft)

Black

- Max weight capacity: 450kg
- An 11-gauge steel construction with robust 80mm x 80mm laser cut tubing.
- 25mm diameter holes.
- 4 different bespoke types of shelving to choose from.
- 4 shelf version 6ft tall x 4ft wide shelves.

PRODUCT DIMENSIONS: 72" (H) X 49" (W) X 28.5" (D)

SKU: Competition Mass Storage Rack (Tall/Short)



Storage

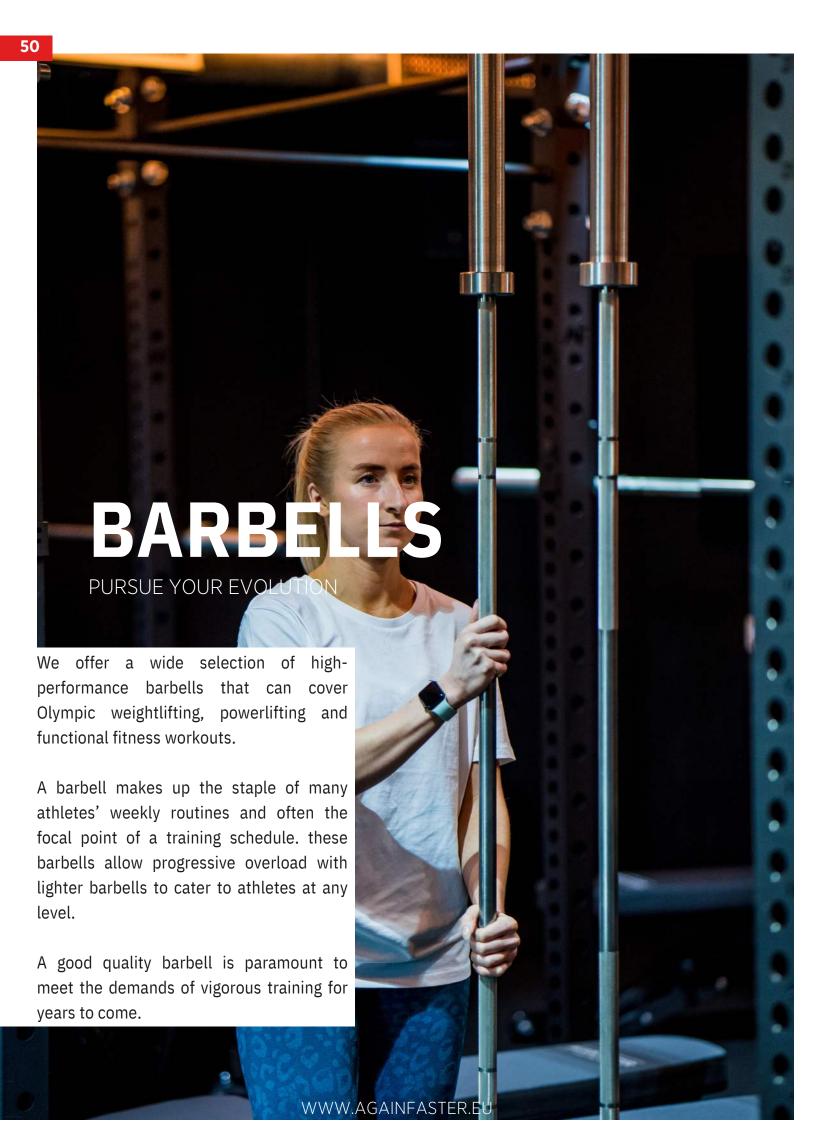
Mass Storage Rack (6ft/6ft)

Black

- Max weight capacity: 450kg
- An 11-gauge steel construction with robust 80mm x 80mm laser cut tubing.
- 25mm diameter holes.
- 4 different bespoke types of shelving to choose from.
- 4 shelf version 6ft tall x 6ft wide shelves.

PRODUCT DIMENSIONS: 72" (H) X 68.5" (W) X 28.5" (D)

SKU: Competition Mass Storage Rack (6ft/6ft)





Barbells

Trap Bar

Black

- Bar weight: 27kg
 The hexagonal frame is welded from steel for durability and features two handle settings to help support the load.
- 2" sleeve diameter.
- Space between handles: 57cm / 1ft 9". Bar length: 228cm / 7ft 5".

SKU: 50-470



Barbells

Training Technique Barbell

• Bar weight: 7kg

- Made for a max plate load rating of 30kg.
- Made with two oil-impregnated bronze bushings per collar.
- Dual knurl marks for both Olympic & Powerlifting movements.
- Bar length: 188cm / 6ft 1".

SKU: 50-173





Barbells

Weight Training Barbell

Silver

- Bar weight: 20kg 'Standard' weightlifting barbell, not suitable for dropping or Olympic weightlifting moves.

 • For the key powerlifting movements, squats,
- deadlifts, and bench press.
- Medium knurl for ease of movement.
- Max weight capacity: 300kg.





Barbells

Multi Grip Barbell

Black

- Bar weight: 13kg
 200kg max weight capacity.
 3 angled grip options.
 Designed for standard 2" 50mm weight plates.
 Total bar length: 208cm / 6ft 8".

SKU: 50-471



Barbells

Farmers Walk Handles

- Bar weight: 10.5kg (each).
 13.75" of usable sleeve length.
 Zig zag design for more natural grip positioning.
 Total bar length: 160cm / 5ft 3".

SKU: 50-468



Axle Bar

Black

- Bar weight: 9.3kgGreat tool for increasing grip strength and strongman training.

 • Designed for standard 2" 50mm weight plates.

 • Total bar length: 180cm / 5ft 9".





Barbells

Rackable EZ Curl Bar

Silver

- Bar weight: 16kg
 180kg max weight capacity.
 Ergonomically designed for more natural grip positioning.
 1 needle bearing and 1 bushing per sleeve for good balance between spin & stability.
 Total bar length: 188cm / 6ft 2".

SKU: 50-574



Barbells

EZ Curl Bar

Silver

- Bar weight: 14kg
 150kg max weight capacity.
 Zig zag design for more natural grip positioning.
 1 needle bearing and 1 bushing per sleeve for good balance between spin & stability.
 Total bar length: 140cm / 4ft 7".

SKU: 50-573



Evolution Barbell 20kg

Silver

- 200,000 PSI tensile strength
 300kg max load rating.
 Oil-impregnated bronze bushings are press-fit into the inside faces of the collars to provide durability.
 A pair of ball bearings coupled with steel busing are set in the outer end of each collar for better chin
- better spin.





Barbells

Evolution Barbell 15kg

Silver

- 200,000 PSI tensile strength
 205kg max load rating.
 Oil-impregnated bronze bushings are press-fit into the inside faces of the collars to provide
- A pair of ball bearings coupled with steel busing are set in the outer end of each collar for better spin.

SKU: 50-181



Barbells

Team Barbell 2.0 15KG

Silver

- 209,000 PSI
 300kg max load rating.
 Also available in colours: Black or Black/Silver.
 Medium depth knurl gives a good grip without tearing up hands.
- Combination of needle and ball bearings in the collars to create a smooth, reliable spin.

SKU: 50-845



Barbells

Competition Weightlifting Barbell - 20KG

Silver

- 200,000 PSI tensile strength
- 680kg max load rating.
 28mm shaft thickness with good level of whip.
 10 needle bearings and 2 stainless steel
- · Medium-depth but grippy knurling.

SKU: 50-817



Barbells

Team Barbell 2.0 20KG

Black & Silver

- 209,000 PSI

- 209,000 PSI
 300kg max load rating.
 Also available in colours: Silver or Black
 Medium depth knurl gives a good grip without tearing up hands.
 Combination of needle and ball bearings in the collars to create a smooth, reliable spin.

SKU: 50-846





Team Barbell 2.0 20KG

Silver

- 209,000 PSI

SKU: 50-844

- 300kg max load rating.Also available in colours: Black or Black/Silver.
- Medium depth knurl gives a good grip without tearing up hands.
- Combination of needle and ball bearings in the collars to create a smooth, reliable spin.



Barbells

Team Barbell 2.0 15KG

Black & Silver

- 209,000 PSI
- 300kg max load rating.
- Also available in colours: Silver or Black
- Medium depth knurl gives a good grip without
- tearing up hands.

 Combination of needle and ball bearings in the collars to create a smooth, reliable spin.





Barbells Series

Team Barbell 2.0 20KG

Black

- 209,000 PSI
 300kg max load rating.
 Also available in colours: Silver or Black/Silver.
 Medium depth knurl gives a good grip without tearing up hands.
 Combination of needle and ball bearings in the collars to create a smooth, reliable spin.

SKU: 50-848



Barbells Series

Team Barbell 2.0 15KG

Black

- 209,000 PSI
 300kg max load rating.
 Also available in colours: Silver or Black/Silver.
 Medium depth knurl gives a good grip without tearing up hands.
 Combination of needle and ball bearings in the collars to create a smooth, reliable spin.

SKU: 50-849



Power Barbell 20KG

Silver

- 200,000 PSI tensile strength.
 680kg max load rating.
 Stainless steel finish.
 29mm thickness with medium aggressive knurl and centre knurling.





Bumper Plates

Crumb Rubber Bumper Plates

Black

- Weights: 5kg 25kg.
 Made with a dense crumb rubber formula to be incredibly durable and absorb impact.
 High-contrast colour speckles corresponding to Olympic weightlifting plate colouring.
 Engineered with a softer bounce and drop tested with 8,000-12,000 drops.

SKU: 50-187 - 50-307



Virgin Rubber Bumper Plates

Black

Weights: 5kg - 25kg.
Constructed with high-density virgin rubber.
Durable, high-performing plate designed to IWF specifications with thinner plate width.

 Collars made of galvanised steel co-moulded into the rubber.

SKU: 50-325 - 50-329

Bumper Plates

Coloured Rubber Bumper Plates

Multi-Coloured

Weights: 5kg - 25kg.
Constructed with high-density virgin rubber.
Made at the IWF standard 450mm diameter being thinner than other styles of bumpers.
Fully vulcanised rubber for extra durability

and provides a low controllable bounce.

SKU: 50-342 - 50-346











Weight Plates

Tri-Grip Weight Plates

Black

- Weights: 1.25kg 25kg.
 Constructed with a solid steel core and encased with thick resilient rubber coating.
 Tri-grip handle allowing for improved grip whilst transporting or performing plate exercises.
 Rubber coating to provide an extra layer of shock protection.

SKU: 50-379 - 50-385



Bumper Plates

Black Dynamic Bumper Plates

Black

- Weights: 5kg 25kg.
 Solid steel inserts with the highest quality virgin rubber.
 Colour-coded lettering and accents to match to the IWF colouring.
 Contoured edge for solid grip when selecting weights.

SKU: 50-015 - 50-019



Bumper Plates

Coloured Dynamic Bumper Plates

IWF Colouring

- Weights: 5kg 25kg.
 Solid steel inserts with the highest quality virgin rubber.
 Colour-coded to the IWF colouring for easy weight identification.
 Contoured edge for solid grip when selecting weights.

SKU: 50-005 - 50-009





Conditioning Series

Wall Timer

Black

- 100-Decibel Start/End Noise.
- 5-Second pre-WOD Countdown.
- Stopwatch function with count up/ count down.
- Aluminium frame with keyhole wall mount.

PRODUCT DIMENSIONS: 21" (L) X 8.5" (H) X 2" (D)

SKU: 50-100

>>



Conditioning Series

Dog Sled

Black

- Durable 6mm construction steel plate.
- 2 x 3ft Removable poles for easier carriage.
- Powder-coated finish.
- Laser-cut holes for ease of loading. Carabiner attachment.

PRODUCT DIMENSIONS: 41" (L) X 25" (W) X 5" (H)

SKU: 50-974

 $\rangle\rangle$



Conditioning Series

Wooden Plyo Box

Wood Beige

- Add versatility to your speed and jump training whilst improving explosive strength.
- Made of cabinet grade 3/4" plywood and easy assembly using the pre-drilled pilot holes.
- Cut-out handles built into the wooden box design.

PRODUCT DIMENSIONS: 30" (L) X 24" (W) X 20" (H)

65



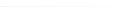
Conditioning

3-in-1 Soft Plyo Box

Black

- 3 choice of heights available: 20", 24" & 30".
- Dense foam core construction with anti-slip vinvl cover on all sides.
- Soft landing surface for shock absorption to reduce injury risk.
- Heavy-duty stitching adding versatility.

SKU: 50-856







Ab Mat & Removable Burn Guard

Black

- Used to encourage and develop a full range of motion during abdominal strength sessions.
- Designed with detailed stitching and materials for longevity.

SKU: 50-102



Black

- A flat, seamless bottom means you can put your kettlebell down without the risk of testing

SKU: 50-330 - 50-339



Conditioning

Home Pull-up Bar

Black

- Wall or ceiling mounted with lag bolts.The bar features two different mount settings. allowing you to customize the height of your bar to
- Full powder coat to protect the bar from rust.

SKU: 50-979





Black

- Weights: 3kg, 6kg, 9kg, 12kg, 15kg, 20kg, 30kg + 50kg
 Increased the strength around the valve.
 Made with a thicker PVC rubber shell than our
- previous model for increased durability.
- A dead bounce and grippy tyre-style texture to ensure suitability for the toughest workouts.



Conditioning

Climbing Rope 22 ft

Black

- Economical choice for a home gym or light commercial use.
- Made with three strands of grade A manila for a solid grip and perspiration absorption.
- Poly boot end making it resistant to fraying.
- 1.5" diameter.

SKU: 50-860







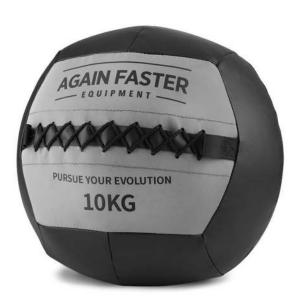
Kettlebells

- Weights: 4kg, 8kg, 12kg, 16kg, 20kg, 24kg, 28kg, 32kg, 36kg, 40kg.
 Constructed from a single piece of cast iron.
 A textured, matte-black powder-coat finish offers superior from
- offers superior grip.
- your big toe's weight tolerance.









Conditioning

Medicine Ball

Black

- Weights: 4kg, 6kg, 9kg, 12kg, 14kg
- Made by hand to ensure attention to the finest
- Designed with thick synthetic leather for extra durability in high-repetition training.
- Double stitched for improved quality.

SKU: 50-240 - 50-245



Conditioning

Glute Ham Developer

- Designed to strengthen and stabilise the core & posterior chain.
- Reverse positioning to train your abdominals.
- Adjustable footplate for height and length adjustments.
- Thick & durable padding.

PRODUCT DIMENSIONS:

51" (H) x 31.5" (W) x 69" (L)

SKU: 50-127

Conditioning

Evolution Hex Rubber

Dumbbells Black

- Weights: 5-25kg.
- Solid design to withstand the toughest workouts. Ergonomic chrome handle design for
- Manufactured with a single piece of cast iron
- · Hexhead design to prevent rolling and for easier rack storage.

SKU: 50-519 - 50-527



Conditioning

Rubber Coated Round

Dumbbells Black

- Weights: 2.5kg-50kg.
 Designed from a single piece of cast iron and fully coated with rubber to reduce noise.
 Kinder to flooring in contrast to hex-head
- dumbbells due to having no edges.
- Straight handle offering excellent grip.

SKU: 50-549 - 50-568



Conditioning

Rubber Handle Hex

- Made from a single piece of cast iron.
- protect flooring.





Hex Rubber Coated

Dumbbells Black

- classic hex design.
- loosening over time.
- chrome-plated finish.



Dumbbells Black

- Weights: 5-50kg.
- Hex-shaped head so dumbbells won't roll away.
- Traditional, tapered, ergonomic handle design.
- Durable, rubber-coated heads reduce noise and

SKU: 50-363 - 50-411

Weights: 5-50kg • Made from a premium low odour rubber with

• Total head-to-handle design to reduce head

• Steel fully knurled 34mm handle with bright

SKU: 50-189 - 50-199



Conditioning

Competition Speed Rope

Blue

- Heaviest-handle speed rope we make, with knurled, aluminium handles and ball bearings.
 Knurled handles are designed thicker at the bottom to provide a more ergonomic feel in the hands.
 Adjustable to any height.
 Available in colours: Black, Silver, Blue.

SKU: 50-452-50-454













Team Speed Rope

- Lightweight handle with multiple ball bearings to provide fast and smooth spin.
 Durable and able to withstand heavy use.
 Available in colours: Red, Green, Purple, Blue, Birth

SKU: 50-447 - 50-451











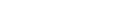


Conditioning

Resistance Bands

Black, Green, Blue, Red

- Red: Value: 10 50 pounds.
 Blue: Value: 25 80 pounds.
 Green: Value: 50 120 pounds.
 Black: Value: 60 150 pounds.



SKU: 50-182 - 50-185











69





Accessories

Lock-Jaw Barbell Collars

Black

- Ideal choice for all plate workouts or Olympic-style lifting.
- 10x stronger retention force than Spring Collars
- Will help prolong the life of Bumper Plates.
- Will only fit 2" Olympic Barbells.

SKU: 50-853

>>

Accessories

Spring Collars

Silver

- Fits with any 2" diameter Barbell.
- · Classic clamp for plates.
- Made from high-quality metal.

SKU: 50-131

>

Accessories

Barbell Collar Clamps Pro

Black

- Keep plates firmly in place with a quick-release design for removing weight.
- 10x stronger retention force than Spring Collars.
- Fits 50mm / 2" Olympic Barbells.





Accessories

Freestanding Landmine

Black

- Allows incorporation of a range of core & and shoulder exercises.
- Ideal for pressing, pulling, squatting or lunging.
- Weight peg diameter of 50mm.Fits bars with a diameter of 50mm or 32mm.

PRODUCT DIMENSIONS:

19" (L) x 14" (W)

SKU: 50-462



Accessories

Chalk Stand

Black & Silver

- Sturdy and sleek way have chalk easily
- 3 feet tall for easy application of chalk.
- Can hold upwards of 12 blocks of crumpled

SKU: 50-906



Accessories

Gym Chalk

SKU: 50-136

White

- · Provide an added level of safety when working out with this Chalk.
- Made with magnesium carbonate.
 Keeps your hands dry by absorbing sweat when performing various lifting movements.



Accessories

Home Gym Rubber Flooring Tile

Black

- Protective matting to shield the flooring beneath and reduce the level of noise by using equipment.
- Wear-resistant design properties to increase
- Thickness: 20mm.
- Available in a minimum of 4 tiles.

SKU: 70-019

Accessories

EPDM Rubber Gym Flooring Tile

Black

- 20mm thick rubber tiles providing the perfect solution for any home or box lifting platform.
- · Lightweight and moisture-permeable for any sweaty sessions.
- Highly durable & slip resistant.
- Easy to lay and clean.

SKU: 70-017

Accessories

Grips

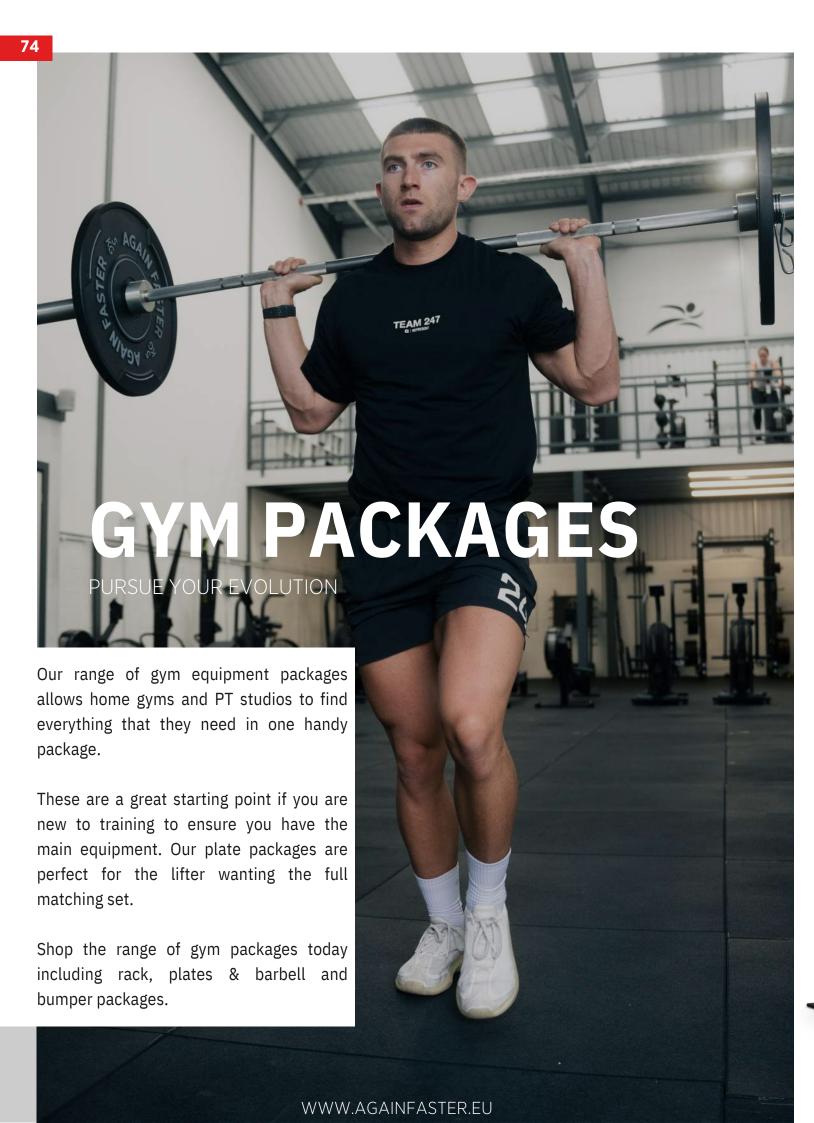
Black

- Protect your hands during high-repetition workouts.
- The perfect replacement for daily athletic
- Sizes available: X-Small Large.





SKU: 50-221 - 50-141





Power Rack Press Package

Black

- This package features:
 Choice of Evolution Power Rack.
 Choice of Weight Bench.
 Choice of Team Barbell.
 Choice of Bumper Plates

SKU: Rack Press Package

Gym Packages

Space Saving Rack Press Package

SKU: Space Saving Rack Press Package

Gym Packages

Squat Rack Press Package

Black

- This package features:
 Choice of Squat Rack.
 Choice of Weight Bench.
 Choice of Team Barbell.
- Choice of Bumper Plates.
- Optional Squat Rack accessories.

SKU: SquatRackPressPackage



Black This package features:
 Choice of Team Folding Power Rack.
 Choice of Weight Bench.
 Choice of Team Barbell.
 Choice of Bumper Plates.



60kg Tri-Grip Weight Package

Black

- This 60kg weight set features our Tri-Grip Weight Plates, constructed with a solid steel core.
- 2x5kg Weight Plates.
- 2x10kg Weight Plates.2x15kg Weight Plates.

SKU: 60kg-Tri-Grip-Package



Gym Packages

100kg Tri-Grip Weight **Package**

Black

- This 100kg weight set features our Tri-Grip Weight Plates, constructed with a solid steel core.
- 2x5kg Weight Plates.
- 2x10kg Weight Plates.2x15kg Weight Plates.
- 2x20kg Weight Plates.

SKU: 100kg-Tri-Grip-Package



Gym Packages

150kg Tri-Grip Weight **Package**

Black

- This 150kg weight set features our Tri-Grip Weight Plates, constructed with a solid steel core.
 2x5kg Weight Plates.
 2x10kg Weight Plates.

- 2x15kg Weight Plates.
- 2x20kg Weight Plates. • 2x25kg Weight Plates.

SKU: 150kg-Tri-Grip-Package



Gym Packages

60kg Crumb Rubber Bumper Plates Package

Black

- This 60kg weight set features our Crumb Rubber Weight Plates made from recycled rubber.
- 2x5kg Weight Plates.2x10kg Weight Plates.
- 2x15kg Weight Plates.

SKU: 60kg-CRUMB-PACKAGE



Gym Packages

100kg Crumb Rubber **Bumper Plates Package**

Black

- This 100kg weight set features our Crumb Rubber Weight Plates made from recycled rubber.
- 2x5kg Weight Plates.
- 2x10kg Weight Plates.2x15kg Weight Plates.
- 2x20kg Weight Plates.

SKU: 100kg-CRUMB-PACKAGE



Gym Packages

150kg Crumb Rubber **Bumper Plates Package**

Black

- This 150kg weight set features our Crumb Rubber Weight Plates made from recycled rubber.
 2x5kg Weight Plates.
 2x10kg Weight Plates.

- 2x15kg Weight Plates.
- 2x20kg Weight Plates.
- 2x25kg Weight Plates.

SKU: 150kg-CRUMB-PACKAGE



60kg Virgin Rubber Bumper Plates Package

Black

- This 60kg weight set features our heavy-duty Crumb Rubber Weight Plates.
- 2x5kg Weight Plates.
- 2x10kg Weight Plates.
- 2x15kg Weight Plates.

SKU: 60kg-VIRGIN-PACKAGE



Gym Packages

60kg Coloured Dynamic Plate Package

IWF Colouring

- This 150kg weight set features our Dynamic Weight Plates colour-coded to IWF colouring.
- 2x5kg Weight Plates.2x10kg Weight Plates.

- 2x15kg Weight Plates.
 2x20kg Weight Plates.
 2x25kg Weight Plates.

SKU: 60kg-Coloured-Dynamic-Package



Gym Packages

100kg Virgin Rubber **Bumper Plates Package**

Black

- This 100kg weight set features our heavy-duty Virgin Rubber Weight Plates.
- 2x5kg Weight Plates.
- 2x10kg Weight Plates.
- 2x15kg Weight Plates.
- 2x20kg Weight Plates.

SKU: 100kg-VIRGIN-PACKAGE



Gym Packages

100kg Coloured **Dynamic Plate Package**

IWF Colouring

- This 150kg weight set features our Dynamic Weight Plates colour-coded to IWF colouring.

- 2x5kg Weight Plates.
 2x10kg Weight Plates.
 2x15kg Weight Plates.
- 2x20kg Weight Plates.
- 2x25kg Weight Plates.

SKU: 100kg-Coloured-Dynamic-Package



Gym Packages

150kg Virgin Rubber **Bumper Plates Package**

Black

- This 150kg weight set features our heavy-duty Virgin Rubber Weight Plates.
- 2x5kg Weight Plates.
- 2x10kg Weight Plates.
- 2x15kg Weight Plates.
- 2x20kg Weight Plates.2x25kg Weight Plates.

SKU: 150kg-VIRGIN-PACKAGE



Gym Packages

150kg Coloured **Dynamic Plate Package**

IWF Colouring

- This 150kg weight set features our Dynamic Weight Plates colour-coded to IWF colouring.
- 2x5kg Weight Plates.
- 2x10kg Weight Plates.
- 2x15kg Weight Plates.
- 2x20kg Weight Plates.2x25kg Weight Plates.

SKU: 150kg-Coloured-Dynamic-Package

Evolution Barbell & Coloured Plates Package

Black

- Customise your own Barbell & Coloured Plate package for your home workouts.
- 15kg or 20kg Evolution Barbell.
- 5kg-25kg Coloured Plates.
- Choice of barbell collars.

SKU: 50-581 / 50-346



Gym Packages

Team 2.0 Barbell & **Coloured Plates Package**

Black

- Customise your own Barbell & Coloured Plate package for your home workouts.
- 15kg or 20kg Team Barbell.
- 5kg-25kg Coloured Plates.Choice of barbell collars.

SKU: 50-845 / 50-346



Gym Packages

Evolution Barbell & Crumb Bumper Package

Black

- Customise your own Barbell & Crumb Rubber Plate package for your home workouts.
- 15kg or 20kg Evolution Barbell.
- 5kg-25kg Crumb Rubber Bumper Plates.Choice of barbell collars.

SKU: 50-180 / 305-1



Gym Packages

Team 2.0 Barbell & **Crumb Bumper Package**

Black

- Customise your own Barbell & Crumb Rubber Plate package for your home workouts.
- 15kg or 20kg Team Barbell.
- 5kg-25kg Crumb Rubber Bumper Plates.
- Choice of barbell collars.

SKU: 50-844 / 305



Gym Packages

Evolution Barbell & Virgin Bumper Package

Black

- Customise your own Barbell & Virgin Rubber Plate package for your home workouts.
- 15kg or 20kg Evolution Barbell.
- 5kg-25kg Virgin Rubber Bumper Plates.
- Choice of barbell collars.



Gym Packages

Team 2.0 Barbell & **Virgin Bumper Package**

Black

- Customise your own Barbell & Virgin Rubber Plate package for your home workouts.
- 15kg or 20kg Team Barbell.
- 5kg-25kg Virgin Rubber Bumper Plates.
- Choice of barbell collars.

SKU: 50-180 / 325

SKU: 50-844 / 325







Rival Series Strength Package

Black

- Brand new for 2023 designed to meet every expectation of a light commercial rack.
 60x60mm tubular steel frame.
 43 height adjustments.
 Variable grip pull-up bar.
 Extensive selection of accessories.

MINIMUM PRODUCT DIMENSIONS: 83.25" (H) X 47.5" (W) X 73.75" (D)

SKU: RivalRackPackage

Gym Packages

Team Series Strength Package

Black

- Build your ideal strength setup for any home or commercial environment.
 80x60mm uprights.
 Maximum weight capacity = 600kg.
 11 gauge 2x3 steel

FULL PRODUCT DIMENSIONS: 93" (H) X 48" (W) X 106" (D)

SKU: TeamRackPackage



CASE STUDIES

A sample of our recent fit-outs







Nottinghamshire County Cricket

- Modernised the existing facility at Trent Bridge which needed a setup geared towards peak performance.
- Athletes needed an effective space for functional movements, Olympic lifting & mobility exercises.
- Designed the facility to include four power racks with a 10m astro track with floor space for group strength training.



Exertion Fitness

- Space management was key to the design which had a focus on compound lifts with small groups performing barbell movements simultaneously.
- The limited floor space available required the use of our free-standing training rig along with plates, barbells, dumbbells and kettlebells with complementing storage.







Military Training Facilities

- Designed the training facility to allow for effective group strength & conditioning workouts, Olympic lifting and functional movements.
- Utilised the area with 20m long 14 bay training structure with our Rig range custom designed with rope climbing points, wall ball targets and Olympic rings.



Hybrid Performance Centre

- Provided a range of highly durable equipment for functional group training for up to 100 members in one class, Olympic lifting & WOD style training.
- Utilised the custom designed wall to add Wall Mounted Competition Rigs, along with a vast amount of weight plates, kettlebells and dumbbells.







Legacy Fitness

- The owners wanted a setup that was geared around functional movements along with specific areas for strength training and technique focused work.
- An astro track was provided, with equipment for functional movements, a power rack was installed along with a dumbbell rack, benches and cardio equipment.



Compound B

- Compound B is a luxury gym based in the Netherlands.
- The Owner needed a space that could meet the needs of group and personal training, and also offer open gym sessions to clients.





COMPANIES WE'VE WORKED WITH



Linked in









66

We chose Again Faster as our main equipment supplier, first of all, because we love the products. The plates are durable and the barbells feel great. The new rig not only looks amazing, but the coating on the bars and the high crossbars are genius. It gives us a lot of pull-up and muscle-up stations.

Benedikte Johnsen,

Coach and Co-Founder of Monolitten
CrossFit

AGAIN FASTER — EQUIPMENT —